



Cookery



I really enjoyed cooking in the Shadwell Centre Kitchen. It is modern with great equipment





Cookery

Learn Cookery and Get Qualified

Idea Store Learning has developed a broad range of courses aimed at helping you learn new cookery skills. Whether you want to learn to cook healthily, continental or exotic dishes, bake nice breads and cakes, we have a course for you in which you will enjoy learning and be creative in a friendly and supportive atmosphere.

You can also get a qualification with our Highfield Level 2 Award in Food Safety in Catering course.

A taste of some of the courses on offer:

- American Baking
- Baking Bread, Cakes and Pastries
- Baking Just Bread
- Baking Just Cakes
- Bangladeshi and Indian Specialities
- Cooking with Exotic Spices
- French Cuisine
- French Patisserie
- Healthy Cooking on a Budget
- Indian Cuisine
- Italian Cookery
- Thai Cookery
- Vegetarian Cookery

For learners with some existing knowledge and skills, there are courses for you too.

Progress by joining one of our all levels* or improvers courses:

- American Baking
- Baking Bread, Cakes and Pastries
- Baking Just Bread
- French Cuisine
- French Patisserie
- Thai Cookery
- Vegan Cookery

*All Levels courses are a mix of learners of all levels including more advanced learners who may be working on individual projects or developing more advanced skills and techniques. You will be taught by highly skilled cookery tutors and supported by a range of excellent resources.

CASE STUDY

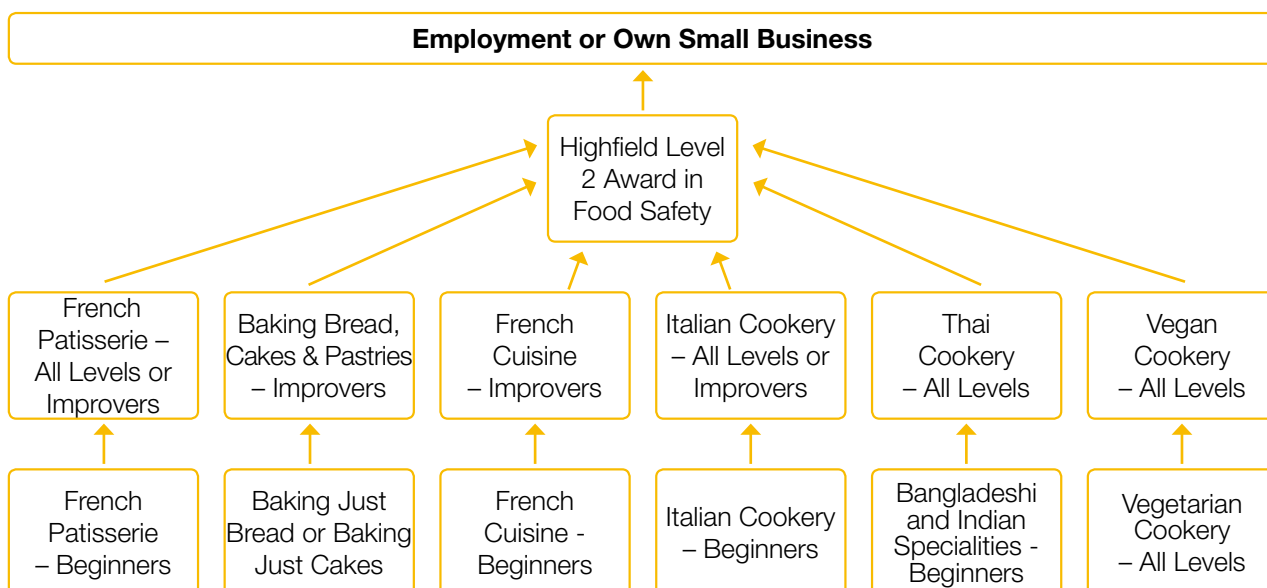


Jonathan Jaubert

French Patisserie

It took me some time to discover these courses, but I can only praise the efforts made in providing them to Tower Hamlets residents.

Progression Route Cookery



Get Qualified Cookery

Assessment Sessions for Cookery

Assessment for the Highfield Level 2 Award in Food Safety in Catering will be in the form of an online exam that will last no longer than 1 hour.

A5014 Highfield Level 2 Award in Food Safety in Catering [TEA]

Date	Time	Venue
Sat 8 December 2018	14:00 – 16:00	Idea Store Whitechapel

C4701 Highfield Level 2 Award in Food Safety in Catering [TEA]

Date	Time	Venue
Sat 18 May 2019	14:00 – 16:00	Idea Store Whitechapel

Timetable							Course Fees		
Course Code	Day of Week	Start Date	Start Time	End Time	No Weeks	Venue	Full Fee	Concessionary	Band

Get Qualified in Cookery



Highfield Level 2 Award in Food Safety in Catering

A5014	Saturday	22 Dec 2018	09:30	17:00	1	ISCS	£28	£9	1A
C4701	Saturday	01 Jun 2019	09:30	17:00	1	ISCS	£28	£9	1A

Learn Cookery for Yourself

Bangladeshi and Indian Specialities - Beginners

A4969	Friday	05 Oct 2018	18:00	20:30	10	SHC	£112	£31	3A
B4968	Friday	18 Jan 2019	18:00	20:30	10	SHC	£112	£31	3A
C4970	Friday	26 Apr 2019	18:00	20:30	10	SHC	£112	£31	3A

Caribbean Cookery - All Levels

B5179	Monday	15 Jan 2019	10:00	12:30	10	SHC	£112	£31	3A
C5178	Monday	29 Apr 2019	10:00	12:30	10	SHC	£112	£31	3A

Cooking with Exotic Spices - Beginners

A4819	Thursday	04 Oct 2018	18:00	20:30	5	SHC	£56	£16	3A
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French Cuisine - Beginners

A4822	Monday	01 Oct 2018	18:00	20:30	5	SHC	£56	£16	3A
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French Cuisine - Improvers

B4676	Thursday	17 Jan 2019	18:00	20:30	10	SHC	£112	£31	3A
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Healthy Cooking on a Budget - All Levels

A5065	Thursday	15 Nov 2018	18:00	20:30	5	SHC	£56	£16	3A
C5095	Thursday	06 Jun 2019	18:00	20:30	5	SHC	£56	£16	3A

Indian Cuisine - Beginners

A4964	Tuesday	02 Oct 2018	18:00	20:30	10	SHC	£112	£31	3A
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Italian Cookery - Beginners

A5091	Saturday	06 Oct 2018	10:00	12:30	5	SHC	£56	£16	3A
A5181	Saturday	06 Oct 2018	13:00	15:30	5	SHC	£56	£16	3A
A5184	Saturday	17 Nov 2018	13:00	15:30	5	SHC	£56	£16	3A
A8474	Saturday	17 Nov 2018	10:00	12:30	5	SHC	£56	£16	3A

Italian Cookery - Improvers

B5174	Saturday	02 Mar 2019	10:00	12:30	5	SHC	£56	£16	3A
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Course Code	Timetable						Course Fees		
	Day of Week	Start Date	Start Time	End Time	No Weeks	Venue	Full Fee	Concessionary	Band

Italian Cookery - All Levels

B5182	Saturday	19 Jan 2019	13:00	15:30	5	SHC	£56	£16	3A
B5092	Saturday	19 Jan 2019	10:00	12:30	5	SHC	£56	£16	3A
B5189	Saturday	02 Mar 2019	13:00	15:30	5	SHC	£56	£16	3A
C5183	Saturday	27 Apr 2019	13:00	15:30	5	SHC	£56	£16	3A
C5190	Saturday	08 Jun 2019	13:00	15:30	5	SHC	£56	£16	3A
C5191	Saturday	08 Jun 2019	10:00	12:30	5	SHC	£56	£16	3A
C5093	Saturday	27 Apr 2019	10:00	12:30	5	SHC	£56	£16	3A

Thai Cookery - All Levels

A5176	Monday	01 Oct 2018	10:00	12:30	10	SHC	£112	£31	3A
B5177	Monday	14 Jan 2019	10:00	12:30	10	SHC	£112	£31	3A
B5204	Tuesday	15 Jan 2019	18:00	20:30	10	SHC	£112	£31	3A
C4668	Tuesday	23 Apr 2019	18:00	20:30	10	SHC	£112	£31	3A

Vegan Cookery - All Levels

C5175	Monday	17 Jun 2019	18:00	20:30	5	SHC	£56	£16	3A
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Vegetarian Cookery - All Levels

A5076	Monday	12 Nov 2018	18:00	20:30	5	SHC	£56	£16	3A
B5077	Monday	25 Feb 2019	18:00	20:30	5	SHC	£56	£16	3A
C1638	Thursday	25 Apr 2019	18:00	20:30	5	SHC	£56	£16	3A

Baking

American Baking - All Levels

C5180	Tuesday	23 Apr 2019	10:00	12:30	10	SHC	£112	£31	3A
C4928	Wednesday	24 Apr 2019	18:00	20:30	10	SHC	£112	£31	3A

Baking Bread, Cakes and Pastries - Improvers

B4690	Monday	14 Jan 2019	18:00	20:30	5	SHC	£56	£16	3A
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Baking Cakes and Pastries - All Levels

C5078	Monday	29 Apr 2019	18:00	20:30	5	SHC	£56	£16	3A
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Baking Cakes and Pastries - Beginners

A5030	Tuesday	02 Oct 2018	10:00	12:30	10	SHC	£112	£31	3A
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Baking Just Bread - All Levels

B5089	Thursday	17 Jan 2019	10:00	12:30	10	SHC	£112	£31	3A
C5090	Thursday	25 Apr 2019	10:00	12:30	10	SHC	£112	£31	3A

Baking Just Bread - Beginners

A5088	Thursday	04 Oct 2018	10:00	12:30	10	SHC	£112	£31	3A
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Baking Just Cakes - All Levels

B5009	Wednesday	16 Jan 2019	10:00	12:30	10	SHC	£112	£31	3A
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French Patisserie - All Levels

A4934	Wednesday	03 Oct 2018	10:00	12:30	10	SHC	£112	£31	3A
C5094	Wednesday	24 Apr 2019	10:00	12:30	10	SHC	£112	£31	3A

French Patisserie - Beginners

A4963	Wednesday	03 Oct 2018	18:00	20:30	10	SHC	£112	£31	3A
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French Patisserie - Improvers

B4927	Wednesday	16 Jan 2019	18:00	20:30	10	SHC	£112	£31	3A
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