

## Course Description and Outline

<b>Course Title</b>	Garment Pattern Cutting and Sewing		
<b>Level of Course</b>	All Levels	<b>Course Code</b>	A3531; B3537; C3051
<b>Duration in Weeks</b>	8		
<b>Brief Description of Course</b>	<p>This course is ideal if you want to learn how to make a pattern for a simple garment that you have chosen yourself. It is an 8 week course covering the basics of how to sew and how to make a pattern for a basic garment.</p> <p>Whilst on the course you will:</p> <ul style="list-style-type: none"> <li>record measurements accurately;</li> <li>make a basic block/pattern;</li> <li>learn to use basic sewing stitches and a sewing machine;</li> <li>use a variety of sewing techniques;</li> <li>Operate machinery and tools safely.</li> </ul> <p>You will learn and make a note of some professional terminology as you work through the course and be able to calculate how much fabric you will require to make your garment.</p> <p>You will go on to construct a simple garment using the pattern you have created.</p>		
<b>Entry Requirements</b>	No previous experience is necessary and you do not need to own a sewing machine.		
<b>Main Learning Outcomes for all Learners (Maximum of 5) By the end of the course you will be able to:</b>			
<b>1</b>	work safely when using tools, equipment and materials		
<b>2</b>	use basic sewing methods by hand and by sewing machine		
<b>3</b>	be able to use professional terminology		
<b>4</b>	use measurements accurately to construct a pattern		
<b>5</b>	construct a simple garment.		
<b>Equipment Required What will I need to bring to class?</b>	For the first lesson you need to bring a note book and pencil. You will be given a list of haberdashery materials that will be required throughout the course.		
<b>What courses can I go on to?</b>	<p>You will have the opportunity to discuss with your Tutor your individual progression route. You may wish to re-enrol on this course to produce another garment. We have alternative Pattern Cutting and Sewing, Clothes Making courses at Beginners, Improvers/ Intermediate levels.</p> <p>Your tutor will support you in researching these and other courses outside of Idea Store Learning.</p>		

### What examination or assessment will there be and what will it involve?

At the beginning of the course the tutor will carry out an initial assessment to identify your current level of experience knowledge or skills. This is repeated at the middle and end of the course. There is no exam.

The tutor will also carry out informal assessments to check your understanding. Your tutor will let you know how you are getting on throughout the course to you will help you work to your full potential.

At the end of the course you will receive written feedback.

### How will I know I am making progress?

You will have an 'Individual Learning Plan' where the course learning outcomes are shown and where you can set your own learning goals and monitor your own progress.

You will need to evaluate your own progress and manage your time.

Your tutor will give ongoing feedback and will keep you informed of your progress.

### Is there anything else I need to know?

To maximise your chances of benefiting from the course fully we expect you to attend **all** scheduled sessions and that you do so **punctually** and are ready to start learning at the start of the class.

### What if I want extra support?

Come and see one of our experienced and friendly advisors. For further information, email [ideastore@towerhamlets.gov.uk](mailto:ideastore@towerhamlets.gov.uk) and a member of the team will get back to you.

This is a brief description of the course content and is not definitive or exhaustive. The course content may be subject to change without notice however the details above are intended to give a picture of the types of activities which may be included on the course.

Course outlines provide a general summary of the contents and material to be covered during lessons. They are subject to change at the discretion of teachers to meet the needs of learners and should not be regarded as prescriptive lists of activities to be covered.