

Course Description and Outline

Course Title	Flamenco		
Level of Course	Intermediate	Course Code	A3197
Duration in Weeks	10		
Brief Description of Course What will the course cover?	<p>This course is for those aiming to improve their Flamenco dancing up to the intermediate level. You will be covering more steps and improvements to footwork and building on techniques for the arms, posture, use of skirt and rhythm. More attention will also be paid to technique and musicality. You will learn the technical vocabulary used in this dance style. You will also develop musicality and spatial awareness by following different step patterns, dance sequences and group formations set to music with different time signatures and speed.</p> <p>References to the historical development of the style and its connection with other dance genres from different parts of the world will be shared with you to support your understanding of the style and technique.</p>		
Entry Requirements	<p>The course level is for those who have had extensive experience in the technique and dance style of the course. The Class will demand a strong standard of technique and a high level of fitness. Participants should expect challenging material with a focus on developing performance qualities. Please note the above are provided for indicative purposes only as these may vary depending on personal circumstances.</p>		
Main Learning Outcomes for all Learners (Maximum of 5) By the end of the course you will be able to:			
1	Dance 5 steps in each dance in the Flamenco style;		
2	Perform basic and advanced techniques with good rhythm and coordination;		
3	Demonstrate an understanding of the sequences of flamenco dances such as the Fandango;		
4	Recognise musical phrasing and the relationship between live guitar and the Flamenco dance;		
5	Perform enhanced and accomplished Flamenco dances.		
Equipment Required What will I need to bring to class?	A bottle of water. Flamenco shoes and a loose skirt, for women. Flamenco shoes and normal attire for men.		
What courses can I go on to?	Your tutor can be approached for additional information and advice during the course. You can progress to more advanced Flamenco courses outside the service or continue to practise the Flamenco dance at the same level with the service.		

What examination or assessment will there be and what will it involve?

At the beginning of the course an initial assessment takes place to identify your level of experience knowledge or current skills, and you will be asked to complete and sign a health screening questionnaire.

The tutor will carry out informal assessments to check your understanding, there is no exam.

You will complete a self-assessment at the beginning, middle and end of the course and you will participate in regular self assessment.

Your tutor will let you know how you are getting on throughout the course, to help you work to your full potential.

At the end of the course you will receive written feedback.

How will I know I am making progress?

You will have an 'Individual Learning Plan' where the course learning outcomes are shown and where you can set individual learning goals and monitor your own progress against these.

You will need to evaluate your own progress and manage your time.

Your tutor will give ongoing feedback and will keep you informed of your progress.

Video recording might be used as a reflective tool.

Is there anything else I need to know?

In general, we will not allow late entries to any course after the first two weeks.

To maximise your chances of benefiting from the course fully we expect you to attend **all** scheduled sessions and that you do so **punctually** and are ready to start learning at the start of the class.

Please note that if you are more than **10 minutes late** for a class you will not be allowed to participate practically in the session. This is for your own safety as by missing the warm up you will be risking an injury. Being late also disrupts the rest of the group.

What if I want extra support? Contact the Learner Support & Advice Team

Come and see one of our experienced and friendly advisors. For further information, email ideastore@towerhamlets.gov.uk and a member of the team will get back to you.

This is a brief description of the course content and is not definitive or exhaustive. The course content may be subject to change without notice however the details above are intended to give a picture of the types of activities which may be included on the course.

Course outlines provide a general summary of the contents and material to be covered during lessons. They are subject to change at the discretion of teachers to meet the needs of learners and should not be regarded as prescriptive lists of activities to be covered.