

Course Description and Outline

Course Title	Flamenco - Improvers		
Level of Course	Improvers	Course Code	C3724
Duration in Weeks	10		
Brief Description of Course What will the course cover?	<p>This course is for those with previous experience of Flamenco dance who have mastered basic level techniques. You will build your speed, stamina and clarity of sound in footwork and rhythms. You will also improve techniques for the arms, posture, use of skirt and turns, and build your vocabulary and understanding of the components of this exciting dance form.</p> <p>You will also develop musicality and spatial awareness by following different step patterns, dance sequences and group formations set to music with different time signatures and speed.</p> <p>References to the historical development of the style and its connection with other dance genres from different parts of the world will be shared with you to support your understanding of the style and technique.</p>		
Entry Requirements	You MUST have completed a beginners or introduction to Flamenco course with a minimum of one years' previous Flamenco dance experience. You should also be reasonably physically fit.		
Main Learning Outcomes for all Learners (Maximum of 5) By the end of the course you will be able to:			
1	Demonstrate at least 5 flamenco footwork steps with strength and clarity, including 2 types of triplets and one of contra tempos, with the appropriate posture and arm movements;		
2	Perform basic and lower intermediate techniques with good rhythm and coordination; demonstrating at least 2 techniques for arms, turns and use of skirts;		
3	Demonstrate sequences of a Flamenco dance appropriate to your level, showing development in co-ordination, strength and stamina by being able to retain posture and co-ordinate arms while executing footwork cleanly and accurately;		
4	Recognise musical phrasing and the relationship between music and dance; by demonstrating ability to start and finish a sequence in the correct place and ensuring that footwork and movement patterns fit in time with the music;		
5	Perform at least 2 enhanced and accomplished Flamenco dances of 3-5 minutes duration.		

Equipment Required What will I need to bring to class?	A bottle of water. Flamenco shoes and a loose skirt, for women. Flamenco shoes and normal attire for men.
What courses can I go on to?	Your tutor can be approached for additional information and advice during the course. You can progress to the Flamenco Intermediate course and / or other popular dance courses at beginners' level.

What examination or assessment will there be and what will it involve?
There will be an initial assessment followed by on-going assessment of progress and achievement. This course will also include: <ul style="list-style-type: none"> • Structured opportunities for self evaluation; • Use of video as a reflective tool; • Peer observation; • End of course feedback, evaluation and review.
How will I know I am making progress?
You will have: <ul style="list-style-type: none"> • An individual learning plan to monitor your own progress. • Verbal assessment by tutor at each class. • Regular feedback from tutor and peers. <p>You will gain more from the course if time is committed to it outside the classroom.</p>
Is there anything else I need to know?
<ul style="list-style-type: none"> • In general, we will not allow late entry to any course after the first two weeks. • You can express your views during the course and you can speak to your tutor at any time. • There will be an evaluation form to complete at the end of the course.
What if I want extra support? Contact the Learner Support & Advice Team
The Learner Support & Advice Team can support learners achieve their education and employment goals. Information, advice & guidance is given on a range of issues including, financial support and support available for learners who are disabled and learners with learning difficulties, Come and see one of our experienced and friendly advisors who can help you make the next step. For further information, text IDEA and your name to 07950 080 341 or email ideastorelearning@towerhamlets.gov.uk and a member of the team will get back to you.

This is a brief description of the course content and is not definitive or exhaustive. The course content may be subject to change without notice however the details above are intended to give a picture of the types of activities which may be included on the course.

Course outlines provide a general summary of the contents and material to be covered during lessons. They are subject to change at the discretion of teachers to meet the needs of learners and should not be regarded as prescriptive lists of activities to be covered.

Course Outline V.3

