

## Course Description and Outline

<b>Course Title</b>	Salsa - Beginners		
<b>Level of Course</b>	Beginners	<b>Course Code</b>	A3194, B3270, C3309
<b>Duration in Weeks</b>	10		
<b>Brief Description of Course What will the course cover?</b>	<p>You will learn to dance Cuban and Latin moves. You will learn the basic Salsa steps in line and in couples.</p> <p>You will learn the technical vocabulary used in this dance style. You will also develop musicality and spatial awareness by following different step patterns, dance sequences and group formations set to music with different time signatures and speed.</p> <p>References to the historical development of the style and its connection with other dance genres from different parts of the world will be shared with you to support your understanding of the style and technique.</p>		
<b>Entry Requirements</b>	Experience is not necessary, but energy and love for dancing will help.		
<b>Main Learning Outcomes for all Learners (Maximum of 5) By the end of the course you will be able to:</b>			
<b>1</b>	Demonstrate the basic Salsa steps;		
<b>2</b>	Dance the basic Salsa steps in partner work;		
<b>3</b>	Do Right turn and Left turn with partners;		
<b>4</b>	Do Cross Body Lead;		
<b>5</b>	Do the Walk Through.		
<b>Equipment Required What will I need to bring to class?</b>	Comfortable clothes (not baggy) and shoes. A bottle of water.		
<b>What courses can I go on to?</b>	<p>You can progress to a Salsa Improvers course and/or other dance styles at beginners level.</p> <p>You may wish to enrol on other courses held at Idea Store Learning. Please see a course guide for further information or speak with your tutor.</p> <p>Your tutor will support you in researching these and other courses outside of Idea Store Learning.</p>		

### **What examination or assessment will there be and what will it involve?**

There is no exam for this course. At the beginning of the course an initial assessment takes place to identify your level of experience knowledge or current skills.

The tutor will carry out informal assessments to check your understanding, there is no exam.

You will complete a self-assessment at the beginning, middle and end of the course and you will participate in regular self-assessment.

Your tutor will let you know how you are getting on throughout the course, to help you work to your full potential.

At the end of the course you will receive written feedback.

### **How will I know I am making progress?**

You will have an 'Individual Learning Plan' where the course learning outcomes are shown and where you can set individual learning goals and monitor your own progress against these.

You will need to evaluate your own progress and manage your time.

Your tutor will give ongoing feedback and will keep you informed of your progress.

### **Is there anything else I need to know?**

It is not advisable to join the class if you have hip, spine or back problems.

Salsa is a dance for couples. So, come with a partner if possible.

It is important to listen to Salsa music at home to engage with the rhythm.

### **In general, we will not allow late entries to any course after the first two weeks.**

To maximise your chances of benefiting from the course fully we expect you to attend **all** scheduled sessions and that you do so **punctually** and are ready to start learning at the start of the class.

### **What if I want extra support? Contact the Learner Support & Advice Team**

Come and see one of our experienced and friendly advisors. For further information, email [ideastore@towerhamlets.gov.uk](mailto:ideastore@towerhamlets.gov.uk) and a member of the team will get back to you.

This is a brief description of the course content and is not definitive or exhaustive. The course content may be subject to change without notice however the details above are intended to give a picture of the types of activities which may be included on the course.

Course outlines provide a general summary of the contents and material to be covered during lessons. They are subject to change at the discretion of teachers to meet the needs of learners and should not be regarded as prescriptive lists of activities to be covered.

Course Outline V.3