

Course Description and Outline

Course Title	Strictly Ballroom - Beginners		
Level of Course	Beginners	Course Code	A3188
Duration in Weeks	10		
Brief Description of Course What will the course cover?	<p>This course is an introduction to the most popular Ballroom and Latin dances, including Waltz, Jive, Rumba, etc.</p> <p>You will learn the technical vocabulary used in these dances. You will also develop musicality and spatial awareness by following different step patterns set to music with different time signatures and speed.</p> <p>References to the historical development of the style and its connection with other dance genres from different parts of the world, will be shared with you to support your understanding of the style and technique.</p>		
Entry Requirements	None. Come alone or with a partner.		
Main Learning Outcomes for all Learners (Maximum of 5) By the end of the course you will be able to:			
1	Perform basic steps and simple figures in up to five Ballroom and Latin dances.		
2	Listen to music and demonstrate correct timing throughout.		
3	Dance with the correct hold and good posture.		
4	Demonstrate the ability to dance with various partners.		
5			
Equipment Required What will I need to bring to class?	Comfortable clothes that do not restrict movement. Suitable footwear to assist in achieving a satisfactory standard throughout. A bottle of water – no other drinks are allowed in the studio or hall.		
What courses can I go on to?	Other popular dance courses as advised by your tutor.		

What examination or assessment will there be and what will it involve?

There will be an initial assessment followed by ongoing assessment of progress and achievement.

This course will also include:

- Structured opportunities for self evaluation;
- Peer observation;
- End of course feedback, evaluation and review.

How will I know I am making progress?

- You will have an individual learning plan to monitor your own progress.
- Verbal assessment by tutor at each class.
- Regular feedback from tutor and peers.
- You will gain more from the course if time is committed to it outside the classroom.

Is there anything else I need to know?

- In general, we will not allow late entry to any course after the first two weeks.
- You can express your views during the course and you can speak to your tutor about issues relating to your participation in the course at any time.
- There will be an evaluation form to complete at the end of the course.

What if I want extra support? Contact the Learner Support & Advice Team

The Learner Support & Advice Team can support learners achieve their education and employment goals. Information, advice & guidance is given on a range of issues including, financial support and support available for learners who are disabled and learners with learning difficulties, Come and see one of our experienced and friendly advisors who can help you make the next step. For further information, text **IDEA** and your name to **07950 080 341** or email

ideastorelearning@towerhamlets.gov.uk and a member of the team will get back to you.

This is a brief description of the course content and is not definitive or exhaustive. The course content may be subject to change without notice however the details above are intended to give a picture of the types of activities which may be included on the course.

Course outlines provide a general summary of the contents and material to be covered during lessons. They are subject to change at the discretion of teachers to meet the needs of learners and should not be regarded as prescriptive lists of activities to be covered.

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