

Course Description and Outline

Course Title	Introduction to Sewing using a Sewing Machine		
Level of Course	Beginners	Course Code	C3065
Duration in Weeks	1 x day course		
Brief Description of Course	<p>On this one day course you will be taken from the very basics of setting up and threading a sewing machine; understanding different parts and how they work; using professional terminology and producing your very own tote bag.</p> <p>You will learn the basic theory and how to use a sewing machine, a variety of different construction seams and how to insert a zip.</p> <p>Within this one day course you will:</p> <ul style="list-style-type: none"> - set up and thread a sewing machine along with winding the bobbin. - work safely with tools and equipment - understand and use correct terminology - sew a variety of seams and finish edges with an overlocker - trouble shoot common sewing machine issues - produce a tote bag 		
Entry Requirements	This course is suitable for beginners or those with very limited sewing experience or knowledge.		
Main Learning Outcomes for all Learners (Maximum of 5) By the end of the course you will be able to:			
1	Set up and thread a sewing machine along with winding the bobbin		
2	Use professional terminology		
3	Produce a variety of different seams using accurate measurements and insert a zip		
4	Cut, pin and sew using a simple pattern while working safely with a range of tools and equipment		
5	Produce a tote bag		
Equipment Required What will I need to bring to class?	<p>We will provide most of the basic materials.</p> <p>You will need to bring a note book, a pen and 1 ½ metres of fabric (light/medium weight cotton/cotton drill) for your tote bag.</p> <p>You may wish to bring an unpicker/seam ripper or ruler.</p>		
What courses can I go on to?	<p>You may wish to enrol on other courses held at Idea Store Learning such as Creative Textiles for Fashion or Pattern Cutting and Sewing courses. Please see a course guide for further information or speak with your tutor.</p> <p>Your tutor will support you in researching these and other courses outside of Idea Store Learning.</p>		

What examination or assessment will there be and what will it involve?

At the beginning of the course the tutor will carry out an initial assessment to help identify the level of experience, knowledge or skills in this area.

The tutor will also carry out informal assessments to check your understanding, **there is no exam.**

You will complete a short self-assessment at the beginning and end of the course.

Your tutor will let you know how you are getting on throughout the course to you will help you work to your full potential.

How will I know I am making progress?

You will have an 'Individual Learning Plan' where the course learning outcomes are shown and where you can set your own learning goals and monitor your own progress.

You will need to evaluate your own progress and manage your time.

Your tutor will give ongoing feedback and will keep you informed of your progress.

Is there anything else I need to know?

To maximise your chances of benefiting from the course fully we expect you to attend **all** scheduled sessions and that you do so **punctually** and are ready to start learning at the start of the class.

What if I want extra support?

Come and see one of our experienced and friendly advisors. For further information, email **ideastore@towerhamlets.gov.uk** and a member of the team will get back to you.

This is a brief description of the course content and is not definitive or exhaustive. The course content may be subject to change without notice however the details above are intended to give a picture of the types of activities which may be included on the course.

Course outlines provide a general summary of the contents and material to be covered during lessons. They are subject to change at the discretion of teachers to meet the needs of learners and should not be regarded as prescriptive lists of activities to be covered.

Course Outline V.7