

Course Description and Outline

| | | | |
|---|--|--------------------|-------|
| Course Title | Reiki Level 2 | | |
| Level of Course | Intermediate | Course Code | B0016 |
| Duration in Weeks | 10 | | |
| Brief Description of Course What will the course cover? | <p>This comprehensive 10 week Reiki Level 2 course is open to anyone who has completed a Reiki Level 1 course.</p> <p>Reiki Level 2 [Reiki Second Degree] enables the Reiki student to broaden their knowledge and skills, and is recommended for anyone wishing to practise Reiki professionally or for their own further self-development.</p> | | |
| Entry Requirements | <ul style="list-style-type: none"> • To have completed Reiki Level 1 • To be able to arrive on time and to attend every class. • To be able to comfortably work with others • To be able to complete a practitioner case study • To be able to carry out distant healing as part of a group | | |
| Main Learning Outcomes for all Learners (Maximum of 5) By the end of the course you will be able to: | | | |
| 1 | Draw the Reiki Symbols and say their mantras | | |
| 2 | Use the Reiki Symbols for specific life issues and situations | | |
| 3 | Carry out a distant healing | | |
| 4 | Carry out 12 traditional Reiki techniques | | |
| 5 | Work within Reiki Practitioner best practice guidelines | | |
| Equipment Required What will I need to bring to class? | Pen and paper for taking notes Blanket and pillow for healing - lying | | |
| What courses can I go on to? | <ul style="list-style-type: none"> • Introduction Anatomy, Physiology and Pathology • Other therapy courses • Start Your Own Business | | |

What examination or assessment will there be and what will it involve?

There is not an examination. You will be assessed in the classroom setting and via the completion of the practitioner case study and distance healing practice. You will also be asked to monitor your own progress using an Individual Learning Plan

A certificate will be awarded to learners providing they have achieved all the assessment criteria and have attended a minimum of 80% of the course.

How will I know I am making progress?

Your tutor will provide support and feedback throughout the course. You will be asked to complete a Health Screening Questionnaire and an Individual Learning Plan to help monitor your progress

Is there anything else I need to know?

In general, we will not allow late enrolment to any course after the first two weeks. Learners are expected to arrive on time and attend every class.

Children are not allowed in our health & fitness courses unless they are specifically family learning classes. Please do not ask your tutor to give your child access as they do not have the authority to do this.

Health and Safety requirements demand that all learners participating in health classes must be present for instructions on safe working practices. Therefore, latecomers who miss the first part of the session will be refused entry.

Students are encouraged to comment on the course. The tutor will distribute at least one student satisfaction survey where your views will feed back into the planning, teaching and learning of future courses.

What if I want extra support? Contact the Learner Support & Advice Team

Come and see one of our experienced and friendly advisors. For further information, email ideastore@towerhamlets.gov.uk and a member of the team will get back to you.

This is a brief description of the course content and is not definitive or exhaustive. The course content may be subject to change without notice however the details above are intended to give a picture of the types of activities which may be included on the course.

Course outlines provide a general summary of the contents and material to be covered during lessons. They are subject to change at the discretion of teachers to meet the needs of learners and should not be regarded as prescriptive lists of activities to be covered.

Course Outline V.3