

Course Description and Outline

Course Title	Reiki Level 3		
Level of Course	Level 3	Course Code	C0017
Duration in Weeks	5		
Brief Description of Course	This comprehensive course Reiki Master Teacher [Reiki 3 rd & 4 th Degree] introduces advanced techniques and enables the student to reach a level of skill and understanding so that they are able to pass on the system of Reiki to others.		
Entry Requirements	<ul style="list-style-type: none"> • To have completed Reiki Level 2 • The ability to draw the first three Reiki Symbols from memory. • Can confidently carry out a full Reiki session. <p>A certificate will only be given to learners that have 100% attendance.</p>		
Main Learning Outcomes for all Learners (Maximum of 5) By the end of the course you will be able to:			
1	Attune others to Reiki		
2	Plan a Reiki workshop		
3	Prepare a Reiki manual		
4	Practice advanced Reiki techniques		
5	Practice traditional and western Reiki meditations to enhance Reiki practice and for personal development		
Equipment Required What will I need to bring to class?	<p>Notebook or journal and pen for taking notes.</p> <p>Blanket and pillow for healing - lying</p>		
What courses can I go on to?	Shiatsu Massage, Mindfulness Meditation, any other suitable health and wellbeing courses		

What examination or assessment will there be and what will it involve?

You will be required to undertake self-reflection and peer assessment and the tutor will provide observation and verbal feedback on your progress. You will also be required to carry out a basic research task outside of class.

A certificate will be awarded to learners providing they have achieved all the assessment criteria and have attended 100% of the course.

How will I know I am making progress?

The tutor will provide verbal feedback throughout the course.

Students are encouraged to monitor their progress and achievement using an Individual Learning Plan (ILP).

You will also gain more from the course if you commit time to it outside the classroom.

Is there anything else I need to know?

In general, we will not allow late enrolment to any course after the first two weeks. Learners are expected to arrive on time and attend every class.

Children are not allowed in our health & fitness courses unless they are specifically family learning classes. Please do not ask your tutor to give your child access as they do not have the authority to do this.

Health and Safety requirements demand that all learners participating in health classes must be present for instructions on safe working practices. Therefore, latecomers who miss the first part of the session will be refused entry.

Students are encouraged to comment on the course. The tutor will distribute at least one student satisfaction survey where your views will feed back into the planning, teaching and learning of future courses.

What if I want extra support?

Come and see one of our experienced and friendly advisors. For further information, email ideastore@towerhamlets.gov.uk and a member of the team will get back to you.

This is a brief description of the course content and is not definitive or exhaustive. The course content may be subject to change without notice however the details above are intended to give a picture of the types of activities which may be included on the course.

Course outlines provide a general summary of the contents and material to be covered during lessons. They are subject to change at the discretion of teachers to meet the needs of learners and should not be regarded as prescriptive lists of activities to be covered.

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