



40 – 50 Southern Grove
Mile End
E3 4PX

Tel: 0207 364 6953

Dear Reader,

I am writing to advise you of a FREE service for adults in Tower Hamlets who have a problem seeing what they need to.

Do you have a problem seeing to read the paper, letters, packets or pills? Even when you are wearing your glasses? How do you manage seeing prices and sell-by dates when you're out shopping? How easy is it to see when you are cutting your nails or threading a needle?

If you have a problem seeing to do something even when you have your glasses on, Tower Hamlets may be able to help.

The Low Vision Service is FREE. We are at Southern Grove Resource Centre, Mile End on Wednesday mornings. Amongst other things, we can offer advice and information and issue a range of magnifiers, many with built-in lights, FREE of charge.

If you would like to find out more about coming to see us, then ring **Tower Hamlets' Sensory Team on 0207 364 6953** and say you want to have a word about the **Low Vision Clinic**.

We look forward to hearing from you.