

Health and Complementary Therapies

You can acquire skills and qualifications in holistic and esoteric therapies and learn the ancient disciplines of mind, body and spirit. Look out for the update leaflets about new course developments in this department.

Qualify in Health & Safety at Work													
CIEH Award in Health and Safety in the Workplace level 2	Wed	10:00	17:00	13 Oct 2010	1	Level 2	Yes	A4694	ISW	£47	£47	£18	£0
Learn First Aid for Yourself													
Emergency First Aid for Home and the Workplace	Mon	18:30	20:30	20 Sep 2010	5	Beginners		A4874	ISCS	£31	£12	£0	£0
Emergency First Aid for Home and the Workplace	Tues	10:00	14:00	05 Oct 2010	1	Beginners		A4744	ISW	£31	£12	£0	£0
Emergency First Aid for Home and the Workplace	Mon	18:30	20:30	01 Nov 2010	5	Beginners		A4875	ISB	£31	£12	£0	£0
Holistic Health and Wellbeing													
Massage	Wed	18:30	20:30	03 Nov 2010	5	Beginners		A2190	ISW	£53	£19	£0	£0
ITEC Diplomas													
ITEC Diploma in Anatomy, Physiology and Pathology	Mon	18:00	21:00	20 Sep 2010	24	Level 3	Yes	Y2186	ISW	£420	£420	£70	£20
ITEC Diploma in Anatomy, Physiology and Pathology	Tues	10:00	13:00	21 Sep 2010	24	Level 3	Yes	Y2187	SHC	£420	£420	£70	£20
ITEC Diploma in Massage Techniques	Wed	10:00	13:00	22 Sep 2010	24	Level 3	Yes	Y2188	SHC	£420	£420	£80	£40
ITEC Diploma in Massage Techniques	Thurs	18:00	21:00	23 Sep 2010	24	Level 3	Yes	Y2195	ISW	£420	£420	£80	£40
(ADV) ITEC Diploma in Anatomy, Physiology and Pathology	Sat	10:00	16:30	25 Sep 2010	24	Level 3	Yes	Y2197	ISW	£840	£840	£70	£20
Counselling & Personal Development													
Get Started in Interpersonal Skills and Body Language	Thurs	19:00	21:00	23 Sep 2010	5	Beginners		A1667	ISW	£32	£12	£0	£0
Perspectives of Anger Management Theory	Thursday	19:00	21:00	04 Sep 2010	5	Beginners		A1955	ISW	£32	£12	£0	£0
Massage													
ITEC Level 2 Diploma in Complimentary Therapy	Mon	10:00	16:00	20 Sep 2010	28	Level 2	Yes	Y2185	ISW	£817	£817	£0	£0

Course Title	Day	Start Time	End Time	Start Date	Weeks	Course Level	Advice required?	Course Code	Venue	Full Fee (£)	Concessionary Fee (£)	Exam	Materials
So you want to be a Massage Therapist?	Sat	10:00	16:30	25 Sep 2010	3	Beginners		A2137	SHC	£40	£17	£0	£1
So you want to be a Massage Therapist?	Tues	10:00	16:00	21 Sep 2010	2	Beginners		A2139	SHC	£40	£17	£0	£1
So you want to be a Massage Therapist?	Tues	10:00	16:00	5 Oct 2010	2	Beginners		A2140	SHC	£40	£17	£0	£1
Get Started in Holistic Massage (women only)	Wed	13:00	15:00	22 Sep 2010	5	Beginners		A2158	ISW	£32	£12	£0	£1
Get Started In Holistic Massage (family and friends, please enrol in pairs)	Wed	18:30	20:30	22 Sep 2010	5	Beginners		A2129	ISW	£32	£12	£0	£1
Massage	Wed	18:30	20:30	22 Sep 2010	5	Beginners		A2189	ISW	£53	£19	£0	£0
Mother and Baby Massage (7 weeks to 6 months only - please enrol in mother and baby pairs)	Mon	13:00	15:00	01 Nov 2010	5	Beginners		A2142	ISW	£0	£0	£0	£0
Reiki and Crystal Healing													
Get Started in Crystal Healing	Tues	18:30	20:30	21 Sep 2010	5	Beginners		A1799	ISW	£32	£12	£0	£0
Get Started in Crystal Healing	Thurs	10:30	12:30	23 Sep 2010	5	Beginners		A2149	ISW	£32	£12	£0	£0
Get Started in Reiki Healing	Tues	18:30	20:30	02 Nov 2010	5	Beginners		A2028	ISW	£32	£12	£0	£0
Get Started in Reiki Healing	Thurs	10:30	12:30	04 Nov 2010	5	Beginners		A2150	ISW	£32	£12	£0	£0
Certificate in Crystal Healing Stage 1	Thurs	18:30	20:30	04 Nov 2010	5	Intermediate		A2146	SHC	£32	£12	£0	£0
Mind, body and spirit													
Certificate in Meditation Stage 1	Thurs	18:30	20:30	23 Sep 2010	5	Intermediate		A2145	SHC	£32	£12	£0	£0
Aromatherapy													
Get Started in Aromatherapy gift making for Christmas	Wed	13:00	15:00	03 Nov 2010	5	Beginners		A2159	ISW	£32	£12	£0	£5
Learn How to make Aromatherapy gifts for Christmas	Sun	11:30	15:30	05 Dec 2010	1	Beginners		A2162	ISW	£30	£12	£0	£3