

COOKERY

Location Key:

SHC = Shadwell Centre

ISW = Idea Store Whitechapel

RIPH (The Royal Institute of Public Health and Hygiene) - provides a portfolio of qualifications that are directly relevant to the workplace. Find out more at www.riph.org.uk

Get Qualified in Cookery and Catering

This nationally recognised certificate, issued by the Royal Institute of Public Health is taught over one day and provides essential initial training for anyone pursuing a career involving food storage and preparation or the supervision of catering staff.

RIPH Level 2 Certificate In Food Hygiene

Day	Time	Start Date	Weeks	Level	Advice (Y/N)	Course Code	Location	Fee/Concession
Sat	09:30 - 17:00	24-May-08	1	All	N	C1646	ISW	£50/50
Sat	09:30 - 17:00	28-Jun-08	1	All	N	C1647	ISW	£50/50



Learn Cookery for Yourself

Come to Tower Hamlets and cook the world in our brand new professional standard catering kitchen. Our courses will give you the basics in cooking from many of the world's great cuisines. Discover the spices, ingredients, tips and tricks to make your cooking stand out from the crowd. By the end of each course, you'll be able to cook several classic and delicious dishes. Ingredient costs will vary from course to course but will be included in the fee you pay at enrolment.

Fish and Seafood Cookery from across the World

Day	Time	Start Date	Weeks	Level	Advice (Y/N)	Course Code	Location	Fee/Concession
Mon	18:00 - 21:00	21-Apr-08	5	Beg	N	C1649	TBC	£60/60

Bangladeshi Halal Cookery

Day	Time	Start Date	Weeks	Level	Advice (Y/N)	Course Code	Location	Fee/Concession
Tues	18:00 - 21:00	22-Apr-08	5	Beg	N	C1651	TBC	£60/60
Fri	18:00 - 21:00	06-Jun-08	5	Beg	N	C4656	SHC	£60/60

Cookery of the Caribbean

Day	Time	Start Date	Weeks	Level	Advice (Y/N)	Course Code	Location	Fee/Concession
Thurs	18:00 - 21:00	24-Apr-08	5	Beg	N	C1654	SHC	£60/60

Vegetarian Cookery from across the World

Day	Time	Start Date	Weeks	Level	Advice (Y/N)	Course Code	Location	Fee/Concession
Mon	18:00 - 21:00	2-Jun-08	5	Beg	N	C1650	TBC	£60/60

Cookery of the Mediterranean

Day	Time	Start Date	Weeks	Level	Advice (Y/N)	Course Code	Location	Fee/Concession
Tues	18:00 - 21:00	03-Jun-08	5	All	N	C4654	SHC	£60/60

Get Started with Thai Cooking

Day	Time	Start Date	Weeks	Level	Advice (Y/N)	Course Code	Location	Fee/Concession
Thurs	18:00 - 21:00	05-Jun-08	5	Beg	N	C1655	SHC	£60/60

Bake Pastries, Cakes and Bread

Day	Time	Start Date	Weeks	Level	Advice (Y/N)	Course Code	Location	Fee/Concession
Wed	18:00 - 21:00	23-Apr-08	5	All	N	C4653	SHC	£60/60
Wed	18:00 - 21:00	04-Jun-08	5	Beg	N	C4653	SHC	£60/60

Family Cooking

These courses are delivered in our brand new professional catering kitchen at our Shadwell Centre. For health and safety reasons only one child 8 - 11 per adult may enrol. You will learn together how to make delicious treats or wholesome healthy dishes. Tuition fees are free for this course but please bring ingredients and involve your child in shopping as part of the learning process. The tutor will tell you all about this at your first session.

Big Cooks Little Cooks

Day	Time	Start Date	Weeks	Level	Advice (Y/N)	Course Code	Location	Fee/Concession
Tues	16:00 - 17:30	22-Apr-08	5	All	N	C1642	SHC	Free
Thurs	16:00 - 17:30	24-Apr-08	5	All	N	C1644	SHC	Free
Fri	16:00 - 17:30	22-Apr-08	5	Beg	N	C4641	SHC	Free
Tues	16:00 - 17:30	03-Jun-08	5	All	N	C1643	SHC	Free
Thurs	16:00 - 17:30	05-Jun-08	5	All	N	C1645	SHC	Free
Fri	16:00 - 17:30	06-Jun-08	5	Beg	N	C4640	SHC	Free



Don't Delay...

Enrol today

▶ Don't Delay! Enrol today!

Enrol early for your course and don't be disappointed.

If you know the course you want to enrol on ask at any Idea Store or Learning Centre, or call **020 7364 5665**