

FAMILY LEARNING

Skills for Families

Idea Store Learning Skills for Families courses are all about adults and children learning together, as a family.

We can help you support your child's learning and development, while learning new skills for yourself. For more details about Skills for Families, please call Wendy Wilson on **020 7364 5707**.

Who is Skills for Families for?

Skills for Families is for mothers, fathers, grandparents and anyone else who has a significant role in caring for a child. Skills for families courses are **FREE!**

How can I find the course I want?

All our Family Learning courses are listed in the sections in the guide. Just use the index below to find the right course.

Art and Design

Fun Art for Families p16

Cookery

Family Cooking p28

Dance

Creative Dance p33

Health and Fitness

Get Started in Self Defence for Mothers and Daughters
12-15 years p45

Parent and Child Swimming p46

Father and Child Swimming p47

Mother and Child Swimming p47

Weight Training for Dads and Lads 12-15 years p47

IT and Computing

Family Fun - Create a Photo Album using Powerpoint p57

Family Fun - Online Games p59

Prepare and Print your own Greetings Cards p60



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The tutor was so enthusiastic, she inspired me to work hard and reach my full potential.

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